

Thank you to the artists who contributed to this zine! Support their work & follow them on social media.

In order of appearance:

Cedar Thomas (they/them), IG @cedarsthomas

hc lou (she/her/hers) is a a queer, disabled, womxn of color artist and educator in st. paul, dog mom, and nature lover. follow her on IG at @hclou

Harper Steinbach (she/her) is a queer artist living in Minneapolis that works with illustration and public art projects. She loves to draw creative tools, eat food, and make art. Follow her on IG @ harper_ steinbach

Oliver (he/him). Follow him on Twitter @bee_supporter and Tumblr TalonedTiger

Piper Christensen they/them

Santo Jacobsson is a trans masc illustrator based in NYC and Minneapolis. He is Swedish Ecuadorian, & his work focuses on the expansiveness of what it means to transition for trans, GNC & NB people around the world, on IG at @santojacobsson

Made possible with funding from a Tobacco-Free Communities grant from the Minnesota Department of Health.

Coloring



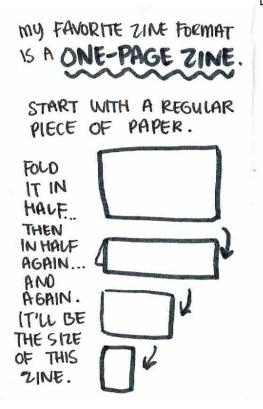
Instagram: @shift.mn www.facebook.com/SHIFTMN www.shiftmn.org

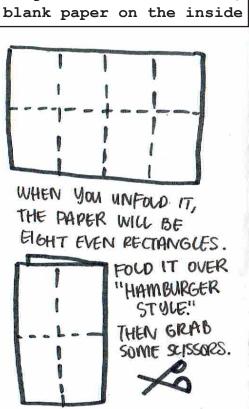
Post and share your finished pages with us using #ShiftIntoColoring

Instructions for folding a one-page zine

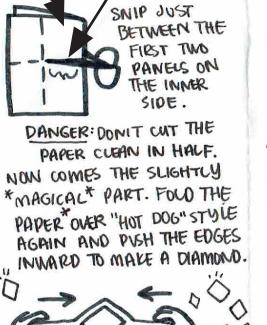
by Sarah Mirk

(https://www.mirkwork.com/buy-my-stuff/how-to-make-a-zine-pdf in English or https://www.mirkwork.com/buy-my-stuff/como-hacer-un-fanzine-gua-en-espaol en Español)





images on the outside,



Cut on the dotted line



THE PAPER WILL BECOME
A LITTLE FOUR-POINTED
STAR IN YOUR HANDS.
FOLD THE PAPER OVER HOW
IT NATURALLY WANTS TO
GO. IT WILL BECOME A
LITTLE BOOKLETJUST
LIKE THIS ONE!



· COVER · BACK COVER · SIX INTERIOR PAGES